



Holy Trinity C of E (VC) Primary School



PSHE/ RSE POLICY 2026

Our Vision

At Holy Trinity CE Primary School, PSHE/RSE is at the core of what we do and enables all of our children to become independent, confident, healthy and responsible members of society, as well as developing the “whole child” intellectually, morally, socially and spiritually.

Through our whole-school approach to PSHE/RSE, it is our belief that high quality teaching in these areas will lead to excellence across the curriculum and beyond in later life. PSHE is taught across the school from EYFS to Year 6 on a weekly basis and as a school, we follow The PSHE Association Guidance and KAPOW Scheme Of Work.

Our PSHE curriculum equips all children with relevant and meaningful content, which is supported through a strong emphasis on health and wellbeing, relationships and living in the wider world. With an ever changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community.

Weaving through the heart of our PSHE/RSE teaching, is a commitment to enhancing and promoting our core Christian Values: Love, Honesty and Respect.

How We Achieve This

At Holy Trinity Primary School we follow the PSHE Association Guidance and Kapow SOW. The Programme of Study sets out learning opportunities for each key stage, in three core themes:

- Health and Wellbeing,
- Relationships,
- Living in the Wider World.

The curriculum is designed to support the next step in planning your school's curriculum. The curriculum provides different model programmes each one comprising:

- *a long term plan for the year across all year groups*
- *separate grids for each year group, setting out learning objectives for each half-term*
- *links to resources (PSHE Association resources , Kapow SOW) that support each module.*

The curriculum builds in developmental progression by revisiting themes year on year, building on and extending prior learning. The three core themes from the Programme of Study are fully covered. Teaching builds according to the age and needs of the pupils throughout the primary phase with suggested developmentally appropriate learning objectives given to respond to each key question.

Impact

The impact of following this programme will be that the standards of attainment across the school will meet or exceed those which are expected of our children nationally. We continuously assess the implementation and impact of our PSHE/RSE curriculum in order to achieve the highest outcomes possible across all year groups and ensure we provide the support that is necessary for all children to achieve. Through our PSHE/RSE curriculum, we believe we can enhance children's education and help them to become caring, respectful, responsible and confident individuals and citizens.

Statutory requirements

As a maintained primary school we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

In teaching RSE, we must have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

At Holy Trinity C of E Primary School we teach RSE as set out in this policy.

Policy development

This policy is being developed in consultation with staff, pupils and parents. The consultation and policy development process involves the following steps:

1. Review – a member of staff pulled together all relevant information including relevant national and local guidance
2. Staff consultation – all school staff are given the opportunity to look at the policy and make recommendations
3. Parent/stakeholder consultation – parents and any interested parties are invited to comment on the policy

4. Pupil consultation – we investigate what pupils want from their RSE
5. Ratification – once amendments are made, the policy will be shared with governors and ratified

Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information, and exploring issues and values.

RSE is not about the promotion of sexual activity.

At Holy Trinity we teach non statutory sex education. Sex education is about reproduction: learning how babies can be made in Year 5/6.

The national curriculum for science includes content about human body parts, growth, puberty and gestation. Parents do not have the right to withdraw from this aspect of the curriculum.

At Holy Trinity we have decided that it is important to include sex education to educate the children in our community for adulthood (and for secondary school) in their last year of primary school.

PSHE guidance DofE

<https://drive.google.com/drive/u/0/folders/1-1CPcyfe9ev9M1bx5YHHJ-luvdwbD3dB>

[Relationships and sex education \(RSE\) and health education - GOV.UK](#)

Our PSHE Curriculum

Our curriculum is developed in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and don't seek answers elsewhere in places that may give misinformation.

Primary sex education will focus on:

- Preparing boys and girls for the changes that adolescence brings
- How a baby is conceived and born

For more information about our curriculum, see our curriculum map in Appendix 1.

Delivery of RSE

RSE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE).

As a Christian school we will deliver RSE by acknowledging that:

- People hold a range of different views on relationships and sexuality, whether they are Christians, or belong to another faith, or don't profess a faith.
- Christians and those of other religions all agree that God loves everyone and welcomes everyone, just as they are.
- All Christians emphasise the importance of faithful, loving, committed relationships, even if they disagree on some aspects of sexuality and marriage.
- Children will develop their own views over time. And it is always good to try to understand those you may disagree with.

Pupils also receive stand-alone sex education sessions.

Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships

- Respectful relationships
- Online relationships
- Being safe

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

End of Primary School Expectations:

[End of primary expectations](#)

The governing board

The governing board has delegated the approval of this policy to the Pupils, Community and Curriculum Committee.

The headteacher

The headteacher is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory/non-science components of RSE.

Staff

Staff are responsible for:

- Delivering PSHE / RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring and assessing progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory/non-science components of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

All class teachers are responsible for teaching RSE at Holy Trinity C of E Primary School.

Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

DofE guidance: Parents' right to withdraw

Parents will not be able to withdraw their child from any aspect of relationships education or health education (which includes learning about developing adolescent bodies, puberty and the correct names of body parts taught in the Year 4 PSHE Curriculum).

Parents have the right to withdraw their child from some or all of sex education, other than that which is part of the statutory science curriculum.

Requests for withdrawal should be put in writing addressed to the headteacher.

Headteacher "...to discuss the request with parents, and the child if appropriate, to understand the request and to clarify the nature and purpose of the curriculum. This is likely to include discussing the benefits of sex education, and any detrimental effects of withdrawal, including social and emotional impacts on the child, and the likelihood that the child will hear their peers' version of what was said in class, which may not be accurate." (para. 20).

Alternative work will be given to pupils who are withdrawn from sex education in Years 5/6.